

The Haven



July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Chair Yoga 10:30 Crafts 12:00 4 th of July Party! 3:00 Quiet Hour	2 9:30 Exercise 10:30 One on One 1:30 Porch Time 3:00 Quiet Hour
3 9:30 Chair Exercises 10:30 Worship 1:30 BINGO 3:00 Quiet Hour	4 Independence Day! HAPPY 4th of July	5 9:30 Ball Kick 10:30 Golf Cart Rides 1:30 Brain Games 3:00 Quiet Hour	6 9:30 Chair Yoga 10:30 Walking Club 1:30 BINGO 3:00 Quiet Hour	7 Strawberry Sundae Day! 9:30 Exercise Videos 10:30 Porch Time 1:30 Tasty Thursday 3:00 Quiet Hour	8 Nat'l Freezer Pop Day! 9:30 Ball Kick 10:30 Movie & Popcorn 1:30 Brain Games 3:00 Quiet Hour	9 9:30 Exercise 10:30 One on One 1:30 Music & Dancing 3:00 Art
10 9:30 Chair Exercises 10:30 Worship 1:30 BINGO 3:00 Quiet Hour	11 9:30 Balloon Volley 10:30 Nail Care 1:30 Whiteboard Games 3:00 Quiet Hour	12 9:30 Ball Kick 10:30 Golf Cart Rides 1:30 Brain Games 3:00 Quiet Hour	13 9:30 Chair Yoga 10:30 Walking Club 1:30 St. James Church 3:00 Quiet Hour	14 9:30 Exercise Videos 10:30 Porch Time 1:30 Tasty Thursday 3:00 Quiet Hour	15 9:30 Balloon Volley 10:30 Brain Games 1:30 Movie & Popcorn 3:00 Quiet Hour	16 9:30 Exercise 10:30 One on One 1:30 Porch Time 3:00 Quiet Hour
17 Nat'l Ice Cream Day! 9:30 Church Service 1:30 BINGO	18 9:30 Balloon Volley 10:30 Nail Care 1:30 Resident Council 3:00 Quiet Hour	19 9:30 Ball Kick 10:30 Golf Cart Rides 1:30 Brain Games 3:00 Quiet Hour	20 9:30 Chair Yoga 10:30 Walking Club 1:30 BINGO 3:00 Quiet Hour	21 9:30 Exercise Videos 10:30 Porch Time 1:30 Tasty Thursday 3:00 Quiet Hour	22 9:30 Exercise Videos 10:30 Movie & Popcorn 1:30 Brain Games 3:00 Quiet Hour	23 9:30 Exercise 10:30 One on One 1:30 Art 3:00 Quiet Hour
24 9:30 Chair Exercises 10:30 Worship 1:30 BINGO 3:00 Quiet Hour	25 9:30 Balloon Volley 10:30 Nail Care 1:30 Whiteboard Games 3:00 Quiet Hour	26 9:30 Ball Kick 10:30 Golf Cart Rides 1:30 Brain Games 3:00 Quiet Hour	27 9:30 Chair Yoga 10:30 Walking Club 1:30 BINGO 3:00 Quiet Hour	28 9:30 Exercise Videos 10:30 Porch Time 1:30 Tasty Thursday 3:00 Quiet Hour	29 9:30 Ball Kick 10:30 Brain Games 1:30 Movie & Popcorn 3:00 Quiet Hour	30 9:30 Exercise 10:30 One on One 1:30 Music & Dancing 3:00 Quiet Hour
31 9:30 Church Service 1:30 BINGO						