

FEBRUARY

2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|---|
| | | | 1 9:30 Exercise W/ Stacey 10:30 Bible Study 1:30 Group Activity | 2 9:30 Exercise 10:30 Balloon Volley 2:00 Lifeworks | 3 9:30 Exercise 10:30 Nails 1:30 Music W/ Dance | 4 9:30 Exercise 10:30 Puzzles 1:30 Movie |
| 5 8:30 Exercise 9:00 Church 1:00 Gospel hour | 6 9:30 Exercise 10:30 Walking Club 1:30 Craft | 7 9:30 Exercise 10:30 Balloon Volley 1:30 Resident Council | 8 9:30 Exercise 10:30 Bible Study 1:30 Group Activity | 9 9:30 Exercise 10:30 Balloon Volley 2:00 Lifeworks | 10 9:30 Exercise 10:30 Nails 2:00 Cooking Class | 11 9:30 Exercise 10:30 Get to Know you. 1:30 Movie |
| 12 9:30 Exercise 10:30 Church 1:30 Gospel Hour | 13 9:30 Exercise 10:30 Cooking Class 1:30 Valentines Party | 14 9:30 Exercise 10:30 Balloon Volley 3:00 Singing Seniors | 15 9:30 Exercise 10:30 Bible Study 1:30 Group Activity | 16 9:30 Exercise 10:30 Balloon Volley 2:00 Lifeworks | 17 9:30 Exercise 10:30 Nails 1:30 Coffee & Chat | 18 9:30 Exercise 10:30 Puzzles 1:30 Movie |
| 19 8:30 Exercise 9:00 Church 1:00 Gospel Hour | 20 9:30 Exercise 10:30 Walking Club 1:30 Craft | 21 9:30 Exercise 10:30 Balloon Volley 1:30 Group Activity | 22 9:30 Exercise 10:30 Bible Study 1:30 Group Activity | 23 9:30 Exercise 10:30 Balloon Volley 2:00 Lifeworks | 24 9:30 Exercise 10:30 Nails 1:30 Board Games | 25 9:30 Exercise 10:30 Get to Know you. 1:30 Movie |
| 26 9:30 Exercise 10:30 Church 1:30 Gospel Hour | 27 9:30 Exercise 10:30 Walking Club 2:00 Birthday Social | 28 9:30 Exercise 10:30 Balloon Volley 3:00 Singing Seniors | | | | |
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