

September

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Silver Sneakers Exercise 10:00 Gospel Sing Along 1:00 Hummingbird Color Contest 2:00 Nails	2 9:00 Morning Stroll 10:00 Puzzle Fun 1:00 Porch Time 2:00 Music/Relax
3 8:45 Church Service 10:00 Morning Stroll 1:00 Porch Time	4 9:00 Drum Fit 10:00 Tap Your Sticks 1:00 Sensory Club 2:00 Women's Group	5 9:00 Balloon Volley 10:00 Activity W/Hospice 1:00 Activity W/Hospice 3:00 Singing Seniors	6 9:00 Tap Your Sticks 10:00 Great Egg Toss 1:00 Gospel Hour 2:00 Bible Study <i>National Egg Toss Day</i>	7 9:00 Balloon Volley 10:00 EmpowerMe 1:00 Crafty Thursday 2:00 Lifeworks	8 9:00 Silver Sneakers Exercise 10:00 Mini Manis 1:00 Mini Pedis 2:00 Porch Time	9 9:00 Morning Stroll 10:00 Color & Chat 1:00 Movie 2:00 Porch Time
10 9:00 Morning Stroll 10:00 Bible Study 1:00 Music/Relax <i>National Grandparents Day</i>	11 9:00 Drum Fit 10:00 Tap Your Sticks 1:00 Sensory Club 2:00 Resident Council Meeting	12 9:00 Balloon Volley 10:00 Activity W/Hospice 1:00 Activity W/Hospice 2:00 Get to know you	13 9:00 Tap Your Sticks 10:00 Seated Dance 1:00 Gospel Hour 2:00 Bible Study <i>National Chocolate & Peanut Day</i>	14 9:00 Balloon Volley 10:00 EmpowerMe 1:00 Bingo 2:00 Lifeworks	15 9:00 Silver Sneakers Exercise 10:00 Gospel Sing Along 1:00 Board Games 2:00 Sports T.V.	16 9:00 Morning Stroll 10:00 Puzzle Fun 1:00 Porch Time 2:00 Music/Relax
17 8:45 Church Service 10:00 Morning Stroll 1:00 Porch Time	18 9:00 Drum Fit 10:00 Tap Your Sticks 1:00 Sensory Club 2:00 Men's Group	19 9:00 Balloon Volley 10:00 Activity W/Hospice 1:00 Activity W/Hospice 3:00 Singing Seniors	20 9:00 Tap Your Sticks 10:00 Seated Dance 1:00 Gospel Hour 2:00 Bible Study <i>National Pepperoni Pizza Day/Picnic</i>	21 9:00 Balloon Volley 10:00 EmpowerMe 1:00 Crafty Thursday 2:00 Lifeworks	22 9:00 Silver Sneakers Exercise 10:00 Tap Your Sticks 1:00 Remising States & Capitals 2:00 Nails <i>National States and Capitals Day</i>	23 9:00 Morning Stroll 10:00 Color & Chat 1:00 Porch Time 2:00 Movie
24 8:45 Church Service 10:00 Morning Stroll 1:00 Movie	25 9:00 Drum Fit 10:00 Tap Your Sticks 1:00 Sensory Club 2:00 Coffee & Chat <i>National Family Day</i>	26 9:00 Balloon Volley 10:00 Activity W/Hospice 1:00 Activity W/Hospice 2:00 Porch Time W/snack	27 9:00 Tap Your Sticks 10:00 Seated Dance 1:00 Gospel Hour 2:00 Bible Study <i>National Chocolate Milk Day</i>	28 9:00 Balloon volley 10:00 EmpowerMe 1:00 Bingo 2:00 Lifeworks	29 9:00 Silver Sneakers Exercise 10:00 Gospel Sing Along 1:00 Nails 2:00 Birthday Social	30 9:00 Morning Stroll 10:00 Puzzle Fun 1:00 Music/Relax 2:00 Music/Relax
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