

MASSEY SPRINGS CAREGIVER SUPPORT GROUP



Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships.

They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

The group is led by volunteer facilitator Sara Jo Jones.

Walk-ins are welcome or you can register by calling our 24-Hour Helpline at 800-272-3900.

If you are caring for a loved one with memory loss, join us in-person on the:

**1st Thursday of every month
11:30AM - 12:30PM CST**

**@ Massey Springs Senior Living
2945 Smallhouse Road
Bowling Green, KY 42104**

ALZHEIMER'S  ASSOCIATION®