

2026

January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Empower Me 10:45 Knowing Today 1:00 BINGO 3:45 Toss & Catch	2 10:30 Group Exercise 11:15 Knowing Today 1:00 Puffy Snowman Craft 3:45 Snowball Fight	3 10:30 Group Exercise 11:15 Knowing Today 1:00 Crossword Puzzles 3:45 Candyland
4 10:30 Group Exercise 11:15 Knowing Today 1:00 Coloring 3:45 Walking Club	5 10:30 Group Exercise 11:15 Knowing Today 1:00 Clifton Perkins 3:45 Tape Ball	6 10:30 Group Exercise 11:15 Knowing Today 1:00 Build A penguin 3:45 Knock Out Race	7 10:30 Group Exercise 11:15 Knowing Today 1:00 Activity W/ Abby 3:45 Badminton	8 10:00 Empower Me 10:45 Knowing Today 1:00 BINGO 3:45 Bowling	9 10:30 Group Exercise 11:15 Knowing Today 1:00 Memory Game 3:45 Pin Cup	10 10:30 Group Exercise 11:15 Knowing Today 1:00 Word Search 3:45 Checkers
11 10:30 Group Exercise 11:15 Knowing Today 1:00 Coloring 3:45 Walking Club	12 10:30 Group Exercise 11:15 Knowing Today 1:00 Bible Study W/ Marie 3:45 Balloon Volley	13 10:30 Group Exercise 11:15 Knowing Today 11:30 Lunch Bunch @ O'Charleys 3:45 Chuck The Duck	14 10:30 Group Exercise 11:15 Knowing Today 1:00 Bead Stringing 3:45 Hungry Hippos	15 10:00 Empower Me 10:45 Knowing Today 1:00 Carolina Rose Band 3:45 Cup Pong	16 10:30 Group Exercise 11:15 Knowing Today 1:00 Resident Council Meeting 3:45 Snowball Toss	17 10:30 Group Exercise 11:15 Knowing Today 1:00 Crossword Puzzle 3:45 Jenga
18 10:30 Group Exercise 11:15 Knowing Today 1:00 Coloring 3:45 Walking Club	19 10:30 Group Exercise 11:15 Knowing Today 1:00 Clifton Perkins 3:45 Popcorn & Movie	20 10:30 Group Exercise 11:15 Knowing Today 1:00 Tape A Snowflake 3:45 Air Hocky	21 9:30 Antique Mall Outing 1:00 Fork Painted Polar Bear 3:45 Pin The Tail On The Squirrel	22 10:00 Empower Me 10:45 Knowing Today 1:00 Activity W/ Abby 3:45 Ping Pong Snowman	23 10:30 Group Exercise 11:15 Knowing Today 1:00 Snowball Painting 3:45 Kickball	24 10:30 Group Exercise 11:15 Knowing Today 1:00 Word Search 3:45 Go Fish
25 10:30 Group Exercise 11:15 Knowing Today 1:00 Coloring 3:45 Walking Club	26 10:30 Group Exercise 11:15 Knowing Today 1:00 Bible Study W/ Marie 3:45 Hallway Hockey	27 10:30 Group Exercise 11:15 Knowing Today 1:00 Chocolate Cake Baking 3:45 Color Cup Match	28 10:30 Group Exercise 11:15 Knowing Today 1:00 Snow Globes 3:45 Parachute Ball	29 10:00 Empower Me 11:45 Knowing Today 1:00 Toilet Paper Snowman 3:45 BINGO	30 10:30 Group Exercise 11:15 Knowing Today 1:00 Salt Painting 3:45 Pass The Ribbon	31 10:30 Group Exercise 11:15 Knowing Today 1:00 Crossword 3:45 Puzzles