

# THE HAVEN NEWSLETTER

JANUARY  
2026



## BACK TRACK TO DECEMBER

What a Holly Jolly month we have had here at the haven! We had a great time at Cracker Barrel for our lunch bunch, and so many people came and sang beautiful Christmas songs all month long. We also took a fun bus ride to see the Christmas lights in Franklin, and Santa and Mrs. Claus even joined us! Needless to say, we have had a very blessed month, and we cannot wait to see what fun we get into in the new year!



## Reminders

Please check the lobby mailboxes and keep an eye out for emails about our sweet residents and upcoming activities. If you would like to join us on any of our outings, please call or email Jenny!

## Upcoming Events

- Lunch bunch @ O'Charleys 1/13 11:30
- Carolina Rose Band 1/15 1:00
- Resident Council Meeting 1/16 1:00
- Antique Mall Outing 1/21 9:30

## Contact Info

Email: [jenny@masseyspringssrliving.com](mailto:jenny@masseyspringssrliving.com)

Phone: 270-904-1999

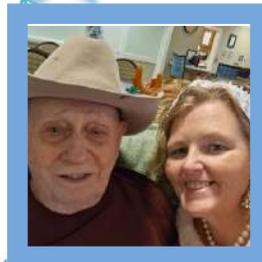
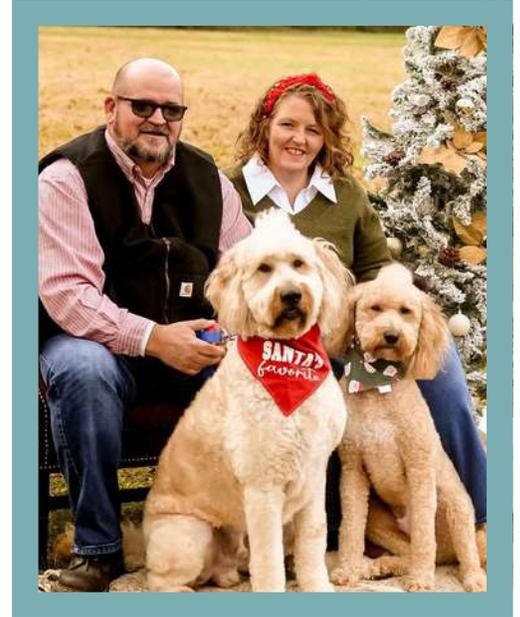
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# SPOTLIGHTS



Our employee spotlight for this month is our Clinical Director Sara Jo. From Paris, Tennessee She moved to Kentucky in 2021 after marrying her husband. Sara has been in the medical field since 2001, with a strong focus on memory care. She is a very proud dog mom to two doodle boys, Sampson and Gunner. Sara enjoys many things when she is off the clock, such as reading and spending time with family, but her favorite is going to the lake after cooking a great meal. Sara loves Massey Springs because it's a family-like atmosphere.



Our resident spotlight for his month is JL Young. Born and raised in Kentucky, JL has led many experiences under his hat, starting in the US Air Force, where he served for 8 years as a boxer and mechanic. After leaving the Air Force, JL started his career at Bell Telephone (AT&T), where he worked for 30 years. Even after that, JL never stopped working on his farm with his horses and cattle, and he traveled all around the country with his close friends in his own greyhound bus. JL loves Massey Springs because he has made many new friends, and he loves the food.

