

THE HAVEN Newsletter

February 2026

BACK TRACK TO JANUARY

We are starting the year off right here at the Haven. We started off with a great lunch at O'Charleys, and in between all our fun new activities, we went on a scavenger hunt at the antique mall and found all our favorite things. Needless to say, we are so excited to see what February has in store for us.



Reminders

Please check the lobby mailboxes and keep an eye out for emails about our sweet residents and upcoming activities. If you would like to join us on any of our outings, please call or email Jenny!

Upcoming Events

- Birthday Social 2/4 @ 1:00
- Lunch Bunch @ Olive Garden 2/10 @ 11:30
- Valentine's Day Party 2/13 @ 1:00
- Carolina Rose Band 2/17 @ 1:00
- Resident Council Meeting 2/20 @ 1:00

Contact Info

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Our employee spotlight for this month is our day shift med tech, Abigail. Born in Portland, Tennessee, Abby moved to Kentucky in 2014, the same year she met her husband. They have been married for 7 years and have two wonderful children together. She was a CNA and later got her Med Tech certification. She fell in love with healthcare and the residents. Abby has all kinds of hobbies, but she loves raising her chickens the most. Abby loves Massey Springs because it feels just like home, where she can be herself and spread the love.



Our resident spotlight for this month is Mr. Bill. Thomas. Bill was born and raised in Bowling Green, Kentucky. Bill joined the Air Force right after high school and served 4 years and was trained in electronics. In 1954, he married his high school sweetheart, Audrey, and they had 4 lovely children. He then began working at NCR (National Cash Register), which had offices across the country. Bill and Audrey traveled a lot, but when he retired in 1991, they moved back to Bowling Green. Bill is known as the problem solver, which came in handy when he worked on the family cars. Bill loves Massey Springs because of the great care he receives and the many friends he has made.