



# MARCH NEWSLETTER

March 2026 | Massey Springs



## Monthly Recap

In February, we enjoyed a wonderful "lunch bunch" outing to Cracker Barrel with a large group, and everyone left quite full! We also kept busy playing many rounds of BINGO, enjoying ice cream on the porch, and taking advantage of the warmer days with our walking club.

During our lovely Valentine's Day party, we were honored to crown the King and Queen of Massey. Congratulations again to King Bucky Day and Queen Janice Cole! We also had a fantastic bowling outing filled with many laughs.

It has been a month full of fun activities and great company.

## Reminders

Every Sunday afternoon at 3:30pm, there is a bible study in the Club House which is open to all Villas and Assisted Living Residents.

## Upcoming Events

- 3/2- Eastwood Baptist Church Singing at 10:30am
- 3/2- Clifton Perkins Preaching at 1:30pm
- 3/3- Lunch Bunch Outing to Burger King (load the bus at 10:30am)
- 3/10- Singing Seniors at 3pm
- 3/11- Activity with Cindy with CDS at 11am
- 3/13- Beauty BINGO with Laura (MaryKay) at 11am
- 3/13- Carolina Rose Singers at 2pm
- 3/16- Clifton Perkins Preaching at 1:30pm
- 3/17- Meijer's shopping trip (load the bus at 9:30am)
- 3/24- Singing Seniors at 3pm
- 3/25- Vette City Mall Outing (load the bus at 9:30am)





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## RESIDENT SPOTLIGHT

Janice is a graduate of Richardsville High School and is retired from her career as a teacher's aide for special needs children. She and her late husband were married for over 30 years and shared a wonderful life raising their two sons and daughter.

In her free time, Janice enjoys playing bingo and is always ready for a game of croquet. Janice enjoys being at Massey Springs as she says everyone is so kind and takes very good care of her.



## EMPLOYEE SPOTLIGHT

Carla Cavin has been a dedicated member of the Massey Springs team for nearly four years. Currently serving as an Assisted Living Resident Assistant, she began her career in memory care, as dementia patients hold a special place in her heart. Carla is a 2010 graduate of Daymar College with a bachelor's degree in Business Management. Outside of work, she is a proud mother of two grown children, ages 21 and 22, and has recently taken on the role of caring for her great-nieces and nephew, ages 1, 2, and 3. She truly cherishes the time she spends with her family. When asked about her favorite part of working at Massey Springs, Carla noted the atmosphere and the abundance of love, stating that it feels just like family.

