

# THE HAVEN NEWSLETTER

May 2026

## Back Track To April

What a great kick-off into the spring season we have had here at the Haven! We loved starting our month out filling Easter eggs and watching all the kids hunt for them. After all of the excitement, we decided to hop on the bus and ride over to Chaney's Dairy Barn for a great lunch, and you can't forget the ice cream. Then we had to bust a move at the prom. We had such a fun busy month with all kinds of activities. We can't wait to see what May has in store for us!



## Reminders

Please check the lobby mailboxes and keep an eye out for emails about our sweet residents and upcoming activities. If you would like to join us on any of our outings, please call or email Jenny! We also have a new hairdresser, Ina Elmore, who will be here every Tuesday.

## Upcoming Events

- Cinco de Mayo Party 5/5 @ 1:00 pm
- Mothers Day Tea 5/8 @ 1:00 pm
- Lunch Bunch @ Double Dogs 5/12 @ 11:30 am
- Resident Council Meeting 5/15 @ 1:00 pm
- Carolina Rose Singers 5/19 @ 1:00pm
- Trip To The Berry Patch 5/20 9:30 am
- Picnic On The Pavilion 5/28 @ 11:30 am

## Contact Info

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# SPOTLIGHTS



## EMPOWER ME SPOTLIGHT: SHANNON BLANDFORD

She was born and raised in Lafayette, Tennessee. She attended Western Kentucky University and later graduated from the University of Southern Indiana in Evansville in 1997. She is an occupational therapist who is passionate about helping others live full and meaningful lives.

Shannon has been married to her husband, Terry, for 33 years, and together they have two children—Mia, who is 20, and Liam, who is 16. They have spent most of their married life in Bowling Green, where they raised their family, except for a five-year period from 2019 to 2024, when they lived in South Carolina due to a job relocation.

During their time in South Carolina, their family grew in a special way—Loeey came into their lives seven years ago this May and has been an important part of their lives ever since. He also has a very big job at Massey Springs, being a great companion to all the residents and putting smiles on the staff's faces.



Happy  
Mother's  
Day



## RESIDENT SPOTLIGHT: LINDA RUTLEDGE

Linda is a people person who has spent her life building strong connections with those around her. She married her high school sweetheart, Billy Rutledge, and together they built a loving, lasting partnership. Linda and her sister proudly owned and operated a flower shop in Scottsville for 50 years, serving their community with dedication and care. Her work reflected her warm personality and her love for bringing joy to others. Family has always been at the center of Linda's life. She is the proud mother of two sons, grandmother to four grandchildren, and great-grandmother to three. Coming from a large family of eight children herself, she has always cherished the importance of close family bonds. Linda has never met a stranger—she loves to talk to everyone she meets and has always been known as a busy, energetic woman. In her free time, she enjoyed playing golf and staying active. Linda loves Massey Springs because of all the friends she has made, and she loves to keep all the staff in check.

