

THE HAVEN NEWSLETTER

SEPTEMBER 2026



Back track to August

August was such a busy and exciting month here at The Haven! We had a blast at Cracker Barrel Old Country Store for our Lunch Bunch and found so many neat treasures at the antique mall. We also enjoyed a fun luau with delicious food!

It has been a wonderful month filled with new activities, great memories, and lots of fun. We are so excited to see what September has in store for us!



We are now accepting candy donations for our big Halloween trick-or-treating event!!

Reminders

Please check the lobby mailboxes and keep an eye out for emails about our sweet residents and upcoming activities. If you would like to join us on any of our outings, please call or email Jenny! We will also be celebrating assisted living week starting September 14th - 18th we will be having dress up days, and we will also be having a few food trucks to celebrate!

Upcoming Events

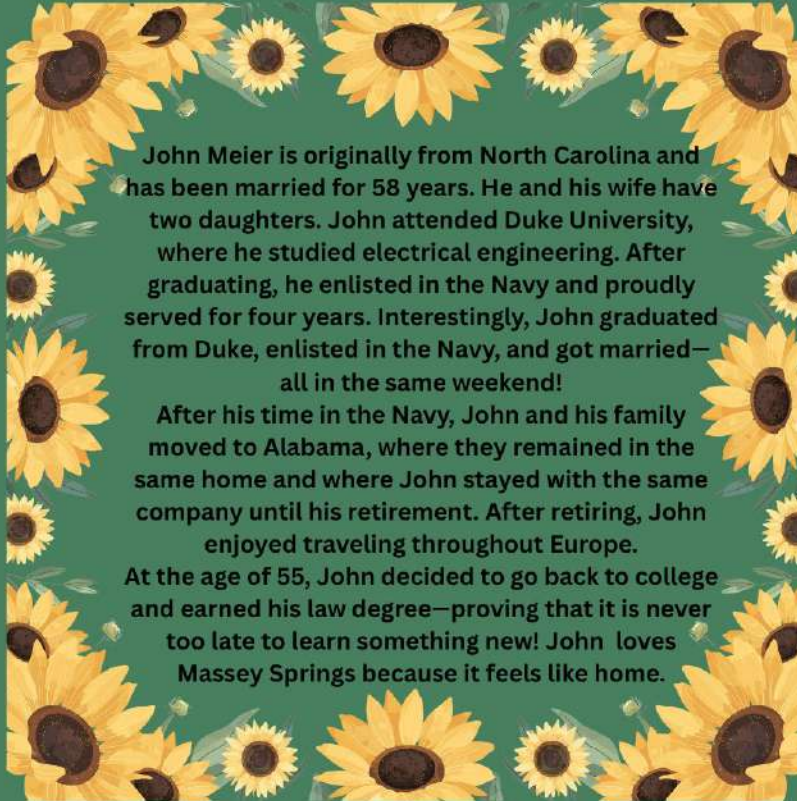
- lunch Bunch @ cheddars 9/8 11:30
- Assisted Living Week 14th-18th
- Carolina Rose Band 9/17 @ 1:00pm
- Core Club Volunteers 9/17 @ 4:00pm
- Kentucky Down Under 9/23 9:00am
- Resident Council Meeting 9/18 @ 1:30pm

Contact information

Email:
jenny@masseyspringssrliving.com

Phone: 270- 904-1999

SPOTLIGHTS



John Meier is originally from North Carolina and has been married for 58 years. He and his wife have two daughters. John attended Duke University, where he studied electrical engineering. After graduating, he enlisted in the Navy and proudly served for four years. Interestingly, John graduated from Duke, enlisted in the Navy, and got married—all in the same weekend!

After his time in the Navy, John and his family moved to Alabama, where they remained in the same home and where John stayed with the same company until his retirement. After retiring, John enjoyed traveling throughout Europe. At the age of 55, John decided to go back to college and earned his law degree—proving that it is never too late to learn something new! John loves Massey Springs because it feels like home.



Nyla is a proud Ghanaian young woman with big dreams and a passion for helping others. Massey Springs holds a special place in her heart because of the memories, connections, and sense of belonging she has found there.

She has always been passionate about healthcare and making a difference in people's lives. This fall, she will attend Western Kentucky University to pursue her nursing degree, with the goal of eventually becoming a Certified Registered Nurse Anesthetist (CRNA).

Outside of school, Nyla enjoys spending time with family and friends, embracing her Ghanaian culture, traveling, staying active, and experiencing new things. She is grateful for the people and places that have shaped her, and Massey Springs will always be one of those special places.

